

Duration: How long does your period last? < 7 days 2 - 7 days 1 day

Pad / Tampon Use Per Day: 1-3 4-6 7+

Associated Signs/ Symptoms: How would you describe your period:

with severe pain

with moderate pain

with mild discomfort

without discomfort/ pain

heavy

light

Menstruation Symptoms:

Premenstrual Syndrome: Yes

No

If yes, please mark any symptoms you are experiencing:

Withdrawal

Weight gain

Tension

Pelvic pain

Mood swings

Tiredness

Headaches

Depression

Bowel changes

Bloating

Anxiety

Changes in desire

Breast swelling/discomfort

Menopause: Yes

No

If yes, began at age: _____

Current menopausal symptoms:

None

Headache

Hot flashes

Irritability

Memory Loss

Loss of Sexual Desire

Weight Gain

Vaginal dryness

Birth Control:

Condoms

Oral contraceptive pills

Indicate which pill: _____

Mirena IUD

Paraguard IUD

Skyla IUD

Diaphragm

Nuvaring

Bilateral Tubal Ligation

Vasectomy

None

Depo-Provera

Ortho Evra Patch

Spermicide

Nexplanon

If using an IUD or Nexplanon, please list the date of insertion (mm/yy): _____

Sexual activity:

Currently sexually active

Not currently sexually active

Total Number of Sex Partners: _____

Past history of sexual abuse:

Currently or in the past, I have had sex:

With men

With women

With both men and women

Sexually Transmitted Infections (STI's)?

None

Human Papilloma Virus (HPV)

Chlamydia

Human Immunodeficiency Virus (HIV)

Hepatitis B

Syphilis

Herpes Simplex Virus (HSV)

Gonorrhea

Trichomoniasis (Trich)

Hepatitis C



OB History

Total pregnancies: _____ Total living children: _____

Total full term pregnancies: _____ Total pre term pregnancies: _____

Total miscarriages/abortions: _____

Total Ectopic Pregnancies: _____

Please fill out the following to the best of your recollection regarding prior pregnancies:

Birth Date	# Weeks Pregnant at Birth	Hours in Labor	Birth Weight	Anesthesia	Deliver Method	Delivery Location & Provider
					<input type="checkbox"/> vaginal <input type="checkbox"/> c-section	
Comments or Complications (i.e. diabetes, blood pressure, etc.)						
					<input type="checkbox"/> vaginal <input type="checkbox"/> c-section	
Comments or Complications (i.e. diabetes, blood pressure, etc.)						
					<input type="checkbox"/> vaginal <input type="checkbox"/> c-section	
Comments or Complications (i.e. diabetes, blood pressure, etc.)						

Surgical History

Please list any previous surgeries and c-sections (include minor surgeries like wisdom teeth, appendix, etc.). Please indicate approximate date:

Have you ever had a blood transfusion? Yes No

Hospitalizations:

Please list any hospitalizations:

Nonsmoker Current everyday smoker Current
some day smoker

Smoker, status unknown Unknown if ever smoked

If you currently smoke, how often do you smoke cigarettes?

Every day Some days, but not every day

If you currently smoke, how many cigarettes a day do you smoke?

5 or less 6-10 11-20 21-30 31 or more

If you currently smoke, how soon after waking do you smoke your first cigarette?

within 5 minutes 6 – 30 minutes 31 – 60 minutes after 60 minutes

Are you interested in quitting?

Ready to quit Thinking about quitting Not ready to quit

Alcohol:

Did you have a drink containing alcohol in the past year?: Yes No

How often did you have a drink containing alcohol in the past year?

Never Monthly or less 2-4 times a month

2-3 times a week 4 or more times a week

How many drinks did you have on a typical day when you were drinking in the past year?

1-2 drinks 3-4 drinks 5-6 drinks 7-9 drinks 10 or more drinks

How often did you have 6 or more drinks on one occasion in the past year?

Never Less than monthly Monthly Weekly Daily or almost daily

Drugs:

Have you used drugs other than those for medical reasons in the past year? Y N

Caffeine Intake: None 1-2 cups per day 2-3 cups per day

3-4 cups per day More than 4 cups per day

Any history of domestic violence?

None History in the past Has restraining order

Feel unsafe at home Have a safety plan

Has your current partner ever threatened you or made you feel afraid?

Yes No

Does your current partner or someone important to you hurt you physically or emotionally? Yes No

Exercise Frequency: Never Occasionally 1-2 times per week
 2-3 times per week 3-4 times per week 4-7 times per week

Any history of verbal abuse?

None Occasional Frequent
 Seeking counseling Has safety plan

If you are currently pregnant, please answer the questions below:

- Date of first positive pregnancy test (*mm/dd/yy*): _____
- List any medications you have taken during this pregnancy: _____

- Were you on the pill or using contraception when you became pregnant? Y N
- Name of baby's father: _____
- Name of partner: _____
- How much alcohol, including beer, have you drank during this pregnancy?
(if none, write none) _____
- Do you have a cat? Yes No
- What is the baby's father's family/ethnic background? _____

- Have you or the baby's father ever been tested for Tay-Sachs, Canavan, or Gaucher's Disease?
 Yes No
- Have you or the baby's father ever been screened for Sickle Cell Disease? Yes No
- Does the baby's father have any family history of birth defects? Yes No
- Will you be age 35 or older when the baby is born? Yes No
- Have you or the baby's father or anyone in either of your families ever had the following:
 - Down Syndrome Yes No
 - Spina Bifida Yes No
 - Hemophilia Yes No
 - Muscular Dystrophy Yes No

Do you or the father of the baby have a family history of the following (only check one of the options below if the relationship is mother, father, maternal or paternal grandparent, sister, or brother, and list the relationship next to the disease):

Diabetes No Yes Relationship _____

Heart Disease [] No [] Yes Relationship _____

Hypertension [] No [] Yes

Relationship _____

Cancer Type [] No [] Yes Relationship _____

Birth Defects [] No [] Yes

Relationship _____

Blood Clot Issues [] No [] Yes Relationship _____

- Have you or the baby's father ever had a child born with a defect not listed above?

[] Yes [] No

If "yes", please describe: _____

- Have you or the baby's father ever had a stillbirth?

[] Yes [] No

- Have you or the baby's father, even in a previous relationship, experienced two or more miscarriages? [] Yes [] No

- Have you or the baby's father ever been screened for cystic fibrosis, or is anyone in either of your families affected by cystic fibrosis? [] Yes [] No

- Do you or the baby's father have any close relatives who are mentally disabled? [] Yes [] No

If so, whom? _____

Do you or the baby's father or close relatives in either of your families have any inherited genetic or chromosomal diseases or disorders not listed above?

[] Yes [] No

If "yes", please describe: _____

Providers in this practice will administer blood or blood products in the event of a life-threatening hemorrhage. Do you object to blood or blood products in the event of a life threatening hemorrhage?

[] Yes [] No

Is there any other information or suggestions you can provide that could make your obstetrical care and delivery a more memorable experience?

HEREDITARY CANCER QUESTIONNAIRE

Personal Information

Patient Name: _____ **Date of Birth:** _____ **Age:** _____
Gender (M/F): _____ **Today's Date(MM/DD/YY):** _____ **Healthcare Provider:** _____

Instructions: This is a screening tool for cancers that run in families. Please mark (Y) for those that apply to YOU and/or YOUR FAMILY. Next to each statement, please list the relationship(s) to you and age of diagnosis for each cancer in your family.

You and the following close blood relatives should be considered: You, Parents, Brothers, Sisters, Sons, Daughters, Grandparents, Grandchildren, Aunts, Uncles, Nephews, Nieces, Half-Siblings, First-Cousins, Great-Grandparents and Great Grandchildren

YOU and YOUR FAMILY'S Cancer History (Please be as thorough and accurate as possible)

	CANCER	YOU AGE OF Diagnosis	PARENTS / SIBLINGS / CHILDREN	AGE OF Diagnosis	RELATIVES on your MOTHER'S SIDE	AGE OF Diagnosis	RELATIVES on your FATHER'S SIDE	AGE OF Diagnosis
<input checked="" type="checkbox"/> Y <input type="checkbox"/> N	EXAMPLE: BREAST CANCER	45	---	--	Aunt Cousin	45 61	Grandmother	53
<input type="checkbox"/> Y <input type="checkbox"/> N	BREAST CANCER (Female or Male)							
<input type="checkbox"/> Y <input type="checkbox"/> N	OVARIAN CANCER (Peritoneal/Fallopian Tube)							
<input type="checkbox"/> Y <input type="checkbox"/> N	UTERINE (ENDOMETRIAL) CANCER							
<input type="checkbox"/> Y <input type="checkbox"/> N	COLON/RECTAL CANCER							
<input type="checkbox"/> Y <input type="checkbox"/> N	10 or more LIFETIME GASTROINTESTINAL POLYPS (Specify #)							
<input type="checkbox"/> Y <input type="checkbox"/> N	OTHER CANCER(S) (Specify cancer type)	Among others, consider the following cancers: Melanoma, Pancreatic, Stomach (Gastric), Prostate, Brain, Kidney, Bladder, Small bowel, Sarcoma, Thyroid						

Y N Are you of Ashkenazi Jewish descent?

Y N Are you concerned about your personal and/or family history of cancer?

Y N Have you or anyone in your family had genetic testing for a hereditary cancer syndrome? (Please explain/include a copy of result if possible)

Hereditary Cancer Red Flags (To be completed with your healthcare provider - Check all that apply)

Personal and/or family history of any one of the following:

<input type="checkbox"/>	Multiple A combination of cancers on the same side of the family:	<input type="checkbox"/> 2 or more: breast / ovarian / prostate / pancreatic cancer <input type="checkbox"/> 2 or more: colorectal / endometrial / ovarian / gastric / pancreatic / other (i.e., ureter/renal pelvis, biliary tract, small bowel, brain, sebaceous adenomas) <input type="checkbox"/> 2 or more: melanoma / pancreatic
<input type="checkbox"/>	Young Any 1 of the following at age 50 or younger :	<input type="checkbox"/> Breast cancer <input type="checkbox"/> Colorectal cancer <input type="checkbox"/> Endometrial cancer
<input type="checkbox"/>	Rare Any 1 of these rare presentations at any age :	<input type="checkbox"/> Ovarian cancer <input type="checkbox"/> Breast: Male breast cancer or Triple negative breast cancer <input type="checkbox"/> Colorectal cancer with abnormal MSI/IHC, or MSI associated histology ^{††} <input type="checkbox"/> Endometrial cancer with abnormal MSI/IHC <input type="checkbox"/> 10 or more gastrointestinal polyps*

^{††}Presence of tumor infiltrating lymphocytes, Crohn's-like lymphocytic reaction, mucinous/signet-ring differentiation, or medullary growth pattern *Adenomatous type
 Assessment criteria are based on medical society guidelines. For individual medical society guidelines, go to www.MyriadPro.com

Hereditary Cancer Risk Assessment Review (To be completed after discussion with healthcare provider)

Patient's Signature: _____ Date: _____

Healthcare Provider's Signature: _____ Date: _____

For Office Use Only: Patient offered hereditary cancer genetic testing? YES NO ACCEPTED DECLINED

Follow-up appointment scheduled: YES NO Date of Next Appointment: _____